



The Arts Community Class Listings Fall 2010

The Arts Community is a 501(c)(3) non profit organization dedicated to making the arts accessible to children and adults in the Hudson Valley
Also visit us on the Web at www.TheArtsCommunity.com

Figures In Flight:

School of Contemporary Dance

Contact Instructor: Susan Slotnick,
plie3@aol.com or (845) 255-6759.

Classes offered In intermediate and advanced Modern Dance and Ballet, students study the Horton Technique popularized by the Alvin Ailey dance company. Horton is a strong, dramatic style and suits boys as well as girls.

**Two new classes will be offered at the
New Paltz Community Center
for beginners ages 7-9 and 9-13!**

Susan Slotnick—teacher, choreographer, painter, and writer—stresses a philosophy of learning dance that is based on the practice of attention; appropriate for students who enjoy a challenge and like a structured, serious learning experience. Intermediate- and advanced-level classes are for students with experience in dance,

Creative Dramatics

Contact Instructor: Pat Albera-Henneberger,
845-255-9371

**10 week class Wednesdays, 4:00-5:00pm
at the New Paltz Community Center beginning
September 22, 2010, Grades K-2 Fee: \$80.**

Classes will introduce children to the joys of dramatic expression through theatre games and story enactment, culminating with a mini-play at the end of the seven week course. Class size is limited – enroll now

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• **New!** Arts Community Glee Club
• **Instructors:** Kate Weston
• Nancy Owen
• **Day & Time:** TBA
• **New Paltz Community Center**
• **Ages 13-17 Fee: \$80**
• If you like the TV show, “Glee”, then you’ll love
• this class! Come sing, dance, and perform your
• heart out!
•

Acting Workshop

Contact Instructor: Pat Albera-Henneberger,
845-255-9371

**10 week class Wednesdays, 5:15-6:15pm
at the New Paltz Community Center beginning
September 22, 2010, Grades 6-8 Fee: \$80.**

Classes are designed to challenge the imagination and develop acting skills through theatre games, improvisation, and character exploration. Students will create their own original scenes to be presented for invited guests. Class size is limited – enroll now!

Gymnastics With Karen and Harry Cooper

Contact instructors: Karen and Harry Cooper,
845-895-2610

Classes are held in the gymnasium at Lenape School, New Paltz. In addition to classes shown below, team classes are also available. Call Karen or Harry for more information.

Recreational Classes, Mondays-Thursdays

Ages 10 and over, 3:30—4:15 pm; ages 6-9,
4:15—5:00 pm

Tumble Bear Classes, Fridays,

For children 3-5 years of age. 3:45—4:30 pm or
4:30—5:15 pm

You're Invited!

**THE ARTS
COMMUNITY SOCIAL**

SEPTEMBER 16, 5-8PM

NEW PALTZ

COMMUNITY CENTER

**SIGN UP FOR CLASSES AND MEET
THE TEACHERS!**

Recreational Music Making - An Enjoyable Group Piano Class

Call the Peterson Studio - 845-691-9313

Attention Adults and Senior Citizens!! Come experience the joy of making music in a group setting with no performance or practice pressure! No prior musical experience is necessary; only enthusiasm and a love of music. Sign up today and discover how much fun it is to learn to play the piano in a comfortable, relaxing group environment. Please visit the website at www.thepetersonstudio.musicteachershelper.com

Exercises for Teens

Instructor: Kathleen Donovan, donovanmkathleen@gmail.com, or 845-332-6267

In this class, students will learn new sitting, standing and moving exercises that help to reduce stress and instill a sense of well-being. These exercises also help to improve communication skills and academic performance. Kathleen Donovan, MA, has over twenty years of experience teaching all ages and is certified to teach mind/body integration. Call Kathleen for schedule and location. Also, ask instructor about classes offered for younger ages and classes for parents. For more information visit her website www.KathleenDonovan.us.

Chung Do Kwon Tae Kwon Do

Contact Instructor: Steve Murphy, wmurphy2578@live.com or 845-895-2578

Study and practice the Korean martial art; classes for ages 7 and up. This course offers students a range of important benefits, including physical training, flexibility, mental focus, self-confidence, and self-defense. Classes are held at the Gardiner Reformed Church Hall. No contract required. Call or e-mail the instructor for fees and schedule

Drum and Guitar Instruction With Tom Brendel

Contact Instructor: Tom Brendel, 845-361-5610
Tom Brendel has a master's degree in music, has taught at SUNY New Paltz, and has many years of experience with the Arts Community teaching both youngsters and adults in individual and group lessons. Openings now available for individual instruction. Small-group classes also may be available, depending on the number of interested students. Classes are held in a studio just outside of Pine Bush. Call instructor for more information

Arts Community Martial Arts Program

Contact: 845-891-6714

Chief Instructor:

Sa Bom Nim William Johns, Jr.

Lead Instructor: Master Luke Lyons

Develop discipline, confidence, leadership, fitness, and self-defense skills through safe, non-contact training in the art of Soo Bahk Do®. Ranking is internationally recognized. Classes are taught under the guidance of Master William Johns, internationally certified 6th degree Master Instructor with 30+ years of experience. Children from age 7, teens, and adults are welcome. Uniform included with enrollment. No contract required—participate in training month-to-month. Present this Arts Community flyer to receive 3 free trial classes, with no obligation, to determine whether this program is right for you. Space is limited and classes are filled on a first-come, first-serve basis.

**New Intro Martial Arts Class starting!
Soo Bahk Do®. Ages 7 – 12**

Wednesdays, from 6:15 to 7:15 PM at the Duzine School Cafeteria with summer session outdoors! \$30/
mo

Call 845-891-6714 for more information and to enroll. Also, visit their website: www.pyongahninstitute.com

We Are A Soo Bahk Do Moo Duk Kwan Federation®
Certified School

Theatre Workshop for Kids

Contact instructor: Judy Elliot, 845-255-8142

Preliminary instruction in acting and stage movement. This is an 8 - week course for 9-12 year olds beginning the end of September, and again, in February. Classes will run from 1 hour to 90 minutes, twice weekly after school at Lenape Elementary School with an **emphasis on stimulating the imagination through improvisations and theatre games**. The course will culminate in the performance of scenes or a play. This 8-week class will be offered again in February.

Active Tots

Contact Instructor: Peggy Paparone 845-417-8593
8 weeks Saturdays, 9:30-10:15am. at the New Paltz Community Center beginning September 25, 2010
Fee: \$80.

NO ADDITIONAL REGISTRATION FEE!

This is a planned program of play, exercise, activities and fun for parents and their children to share. Each week features a different theme, game, equipment and activity. For children ages 18 months—36 months and their parents/guardians.



**THE ARTS COMMUNITY'S
ADULT AND SENIOR ARTS PROGRAM
AT THE NEW PALTZ COMMUNITY CENTER
ROUTE 32N BEHIND TOWN HALL**

Classes begin the week of September 20, 2010!

Beginner Scrapbooking

Instructor: Rosemarie Dehn

Fee: \$20/Seniors (62+) \$32/Adults for 4 weeks

Date & Time: Thursdays, 6:00-7:00pm

Bring a few of your favorite photos and leave with beautiful scrapbook pages that you create yourself each week!

Recreational Music Making - An Enjoyable Group Piano Class

Instructor: Maria Peterson

Fee: \$20/Seniors (62+) \$32/Adults for 4 weeks

Date & Time: Mondays, 11:00-12:00pm

Come experience the joy of making music in a group setting with no performance or practice pressure! No prior musical experience is necessary; only enthusiasm and a love of music. Sign up today and discover how much fun it is to learn to play the piano in a comfortable, relaxing group environment.

Senior Stretching

Instructor: TBA

Fee: \$20/Seniors (62+) \$32/Adults for 4 weeks

Date & Time: Thursdays: 6:00-7:00pm & Fridays: 10:30-11:30am

Experience a whole new way to exercise integrating stretching.

Chair Yoga

Instructor: Susan Jacque

Fee: \$20/Seniors (62+) \$32/Adults for 4 weeks

Date & Time: Mondays, 9:45-10:45am

Chair Yoga exercises were specially developed to be performed while seated in a chair including exercises that help stretch your hands, wrists, arms, upper back, hips, low back and feet.

Morning Yoga

Instructor: Linda Freeman

Fee: \$20/Seniors (62+) \$32/Adults for 4 weeks

Date & Time: Wednesday: 9:15-10:15am

Wake up your body with gentle yoga movements designed to retain or regain your youthful, flexible body. No yoga experience necessary. Dress comfortably. Please bring a blanket.

Yoga Dance

Instructor: Linda Freeman

Fee: \$20/Seniors (62+) \$32/Adults for 4 weeks

Date & Time: Wednesday: 10:30-11:30am

Exercise for the body and soul. Restore, refresh, relax. Remember the freedom of dancing by yourself or with your friends in your living room? This movement class recaptures that feeling with simple yoga stretches that build to guided movement and dancing with no right or wrong, left or right. No yoga mat or experience necessary. Dress comfortably

Swing Dance

Instructor: Linda Freeman

Fee: \$20/Seniors (62+) \$32/Adults for 4 weeks

Date & Time: Wednesday: 11:30-12:30pm

Swing Dance Lesson! It's the Jitterbug! It's the Lindy! Learn the basics of this fun dance with Linda and Chester Freeman of Got2Lindy Dance Studios. Bring both your left feet and join the fun!

Adult Dance

Instructor: Kate Weston

Fee: \$20/Seniors (62+) \$32/Adults for 4 weeks

Date & Time: TBA

Learn the basic dance moves of the Cha-Cha, Merengue, Salsa, and more!



PRODUCED BY

THE ARTS COMMUNITY

SAT, OCTOBER 9, 2010

HISTORIC HUGUENOT STREET, NEW PALTZ

*To Register for
Adult and Senior Arts Classes Contact
The Arts Community*

Email: info@theartscommunity.com,

or call Administrative Assistant,

Rosemarie Dehn

at (845) 750-0084

Registration Form

Student's name _____ Age _____ Phone # _____

Address _____ E-mail _____

Total instruction fees \$ _____

+ \$20 Arts Community Registration Fee (excluding Adult and Senior Arts classes) = \$ _____

Name of Class and Instructor

Instruction Fee:

Name of Class and Instructor	Instruction Fee:
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Please make your check payable to *The Arts Community*. Please mail **Adult and Senior Arts & YouthArts** payments directly to *The Arts Community*: PO Box 548, New Paltz, NY 12561. All other payment will be accepted and forwarded to *The Arts Community* by the instructor.

IMPORTANT: Please provide the information requested below whether or not you use this form to register for classes. Give this entire registration form to the instructor at or before the first class. This information will be kept confidential and is intended to inform the instructor so that appropriate action can be taken in case of an emergency.

Person(s) to call in an emergency _____

Relationship _____ **Phone number(s)** _____

Please state below any **medical or physical condition** for which the instructor should be observant. Also note any **special accommodations** the student requires.

ABOUT THE ARTS COMMUNITY REGISTRATION FEE: In addition to the instructors' fees, each student is assessed an Arts Community Registration fee of \$20 per student per semester, which covers *all classes* taken that semester. This fee is necessary to cover the Arts Community's administrative costs. Adult and Senior Citizen Classes held at the New Paltz Community Center are exempt from the registration fee.

THE ARTS COMMUNITY MISSION: The Arts Community is nonprofit organization founded in the summer of 1975 by professional artists and citizens interested in the arts. The organization is dedicated to making arts accessible to children and adults of the Hudson Valley and sponsors many performances, events, exhibits, and regularly scheduled classes for our young people. The Arts Community is open to everyone with an interest in the arts and welcomes ideas and suggestions from the community. Contact Peggy Paparone, President, Board of Directors at 845-417-8593, via e-mail: info@theartscommunity.com, or write us at P.O. Box 548, New Paltz, NY 12561.